

See a doctor now, wherever you are



Through our affiliation with Harvard Pilgrim, Doctor On Demand gives you physician video visits from your phone, tablet or computer.

It's fast and easy

- Quickly connect with a doctor on your computer or mobile device—the average wait time is only two minutes
- No need to wait to schedule an appointment
- Pay only your office visit/PCP-level cost share
- Referrals are not required
- Paperless prescriptions are sent directly to your pharmacy

Top Medical Issues Treated

Doctors can diagnose, treat and write prescriptions for many conditions including:

- Children's health
- Coughs/Colds
- Sore/Strep throat
- Flu
- Pediatric issues
- Sinus and allergies
- Nausea/diarrhea
- Rashes and skin issues
- Women's health
- Sports injuries
- Eye issues

How it works

1. Download the app on your mobile device or access doctorondemand.com/health-plans-inc.
2. Create your account and enter insurance and pre-consult information.
3. Complete a questionnaire of current symptoms and medical history.
4. Pay cost-share via app or website.
5. Consult with a Doctor On Demand board certified provider.
6. Receive email follow up after the visit to share with your PCP, or request that it be sent directly to your PCP.



or Web Video Visits at
doctorondemand.com/health-plans-inc

Have questions? Contact Customer Service at **800-532-7575**,
Monday through Friday, from 8:00am to 5:00 pm (ET).