

## THE MISSION

To help our clients achieve the highest level of health and well-being.



1400 Hancock Street  
2nd Floor  
Quincy, MA 02169

We are a 5 minute walk from the Quincy Center red line train station



P: 617-774-0331  
F: 617-774-0336



[www.modernassistance.com](http://www.modernassistance.com)



MODERN  
ASSISTANCE  
PROGRAMS, INC.

---

EST. 1988

## EMPLOYEE ASSISTANCE PROGRAM

Providing a full-range of services, including support for mental health, substance abuse and work life balance

## THE PROBLEM

**Mental illness and substance abuse in the workplace cost American businesses millions of dollars a year in lost work time, reduced and impaired productivity, and loss of morale. The emotional toll on individuals and their families is immeasurable.**

## THE SOLUTION

We help companies and employees deal with this ever-increasing problem through its Employee Assistance Program (EAP)

### Modern Assistance can:

- Improve productivity
- Reduce lost work time
- Improve employee morale
- Reduce hospital re-admission due to client discharge planning

**Each treatment plan is tailored to meet the individual's needs.**

## THE SERVICES

- Assessment and referrals
- Case management
- Short-term counseling
- Problem resolution
- Workplace trauma intervention
- Drug testing referrals and monitoring
- Education and training
- Client advocacy
- Alternative health care referrals
- Intensive Outpatient Program
- Early Recovery Groups
- Substance abuse evaluations
- Men's and Women's anger management programs

## COUNSELING

**Addiction treatment**

**Family therapy**

**Mental health counseling**

**Critical incident debriefing**

**Domestic and workplace violence**

## THE COMPANY

- A team of trained licensed professionals
- Confidential treatment
- On-call availability 24 hours a day, 7 days a week
- Individual treatment plans
- In-house Chinese, Mandarin, and Spanish speaking staff
- Referrals to outside counselors with language and cultural specialties
- A holistic approach, solving the problem as a whole, not by treating only isolated behaviors
- Services to eligible employees and their family members