

THE MISSION

To help our clients achieve the highest level of health and well-being.



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We are a 5 minute walk from the Quincy Center red line train station



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www.modernassistance.com



MODERN
ASSISTANCE
PROGRAMS, INC.

EST. 1988

EMPLOYEE ASSISTANCE PROGRAM

Providing a full-range of services, including support for mental health, substance abuse and work life balance

THE PROBLEM

Mental illness and substance abuse in the workplace cost American businesses millions of dollars a year in lost work time, reduced and impaired productivity, and loss of morale. The emotional toll on individuals and their families is immeasurable.

THE SOLUTION

We help companies and employees deal with this ever-increasing problem through its Employee Assistance Program (EAP)

Modern Assistance can:

- Improve productivity
- Reduce lost work time
- Improve employee morale
- Reduce hospital re-admission due to client discharge planning

Each treatment plan is tailored to meet the individual's needs.

THE SERVICES

- Assessment and referrals
- Case management
- Short-term counseling
- Problem resolution
- Workplace trauma intervention
- Drug testing referrals and monitoring
- Education and training
- Client advocacy
- Alternative health care referrals
- Intensive Outpatient Program
- Early Recovery Groups
- Substance abuse evaluations
- Men's and Women's anger management programs

COUNSELING

Addiction treatment

Family therapy

Mental health counseling

Critical incident debriefing

Domestic and workplace violence

THE COMPANY

- A team of trained licensed professionals
- Confidential treatment
- On-call availability 24 hours a day, 7 days a week
- Individual treatment plans
- In-house Chinese, Mandarin, and Spanish speaking staff
- Referrals to outside counselors with language and cultural specialties
- A holistic approach, solving the problem as a whole, not by treating only isolated behaviors
- Services to eligible employees and their family members